



PERSONAL EQUIPMENT CHECKLIST FOR MOUNTAIN MAN TREK

<input type="checkbox"/>	Field uniform (class A) plus one Scout T-shirt. Uniforms are worn in Base Camp.
<input type="checkbox"/>	External or Internal frame backpack with hip belt
<input type="checkbox"/>	Sleeping Bag (inside waterproof bag)
<input type="checkbox"/>	Sleeping Pad and ground cloth, large garbage bags work well
<input type="checkbox"/>	Hiking Boots.... (BROKEN IN!!!)
<input type="checkbox"/>	Three pairs hiking socks
<input type="checkbox"/>	Three pairs underwear
<input type="checkbox"/>	2 Short Sleeve T-shirts
<input type="checkbox"/>	1 long Sleeve T-shirt
<input type="checkbox"/>	1 lightweight Jacket, Sweater or Sweatshirt
<input type="checkbox"/>	3 pair Hiking Shorts
<input type="checkbox"/>	1 hooded Rain Jacket
<input type="checkbox"/>	1 pair Rain Pants
<input type="checkbox"/>	1 small towel
<input type="checkbox"/>	2 one-quart water bottles
<input type="checkbox"/>	Toilet Articles: soap, wash cloth, tooth brush & paste, toilet paper in zip lock bag
<input type="checkbox"/>	Eating Utensils: plate or bowl, fork and spoon
<input type="checkbox"/>	Hat or Cap with brim and sunscreen
<input type="checkbox"/>	Pocket Knife
<input type="checkbox"/>	Flashlight (small AA) with extra batteries
<input type="checkbox"/>	Small container of insect repellent
<input type="checkbox"/>	Small container of sun block
<input type="checkbox"/>	Backpack Rain Cover
<input type="checkbox"/>	Personal Medications----Bee Sting Kits, etc.

OPTIONAL

- | | |
|-----------------------|---------------------|
| 1. Camera | 4. Sandals |
| 2. Sunglasses | 5. Compass |
| 3. Extra plastic bags | 6. Backpacking Tent |

PLEASE REMEMBER THAT ADDITIONAL PATROL EQUIPMENT & FOOD WILL BE ADDED TO YOUR PACK BEFORE LEAVING BASE CAMP

NOTE: Hikers **WILL NOT** be permitted to carry overweight packs regardless of age, size or experience. Each item on the equipment checklist should be included and additional items are discouraged. Backpacks loaded with the items on the checklist should weigh between 18 and 25 pounds. There should be enough room left in the pack to accommodate patrol equipment and food. **We do not allow overweight packs to go on trail.** Unnecessary items (overweight) will be stored at Base Camp.

RADIOS, IPODS, AND PORTABLE GAME DEVICES ARE PROHIBITED.

Further information about several of the items on the equipment list is provided on Page 32. We hope that this information will help you in preparing for your adventure at Camp Buck Toms

APPENDIX G